

List of Appropriate and Non-appropriate Food 😊

Everything MUST be NUT FREE

Allowed	Not Allowed
Fresh Vegetables (Ready to eat)	Cookies (Oreos, Chocolate chip cookies, etc..)
Fresh Fruits (Ready to eat)	Chips & Crisps
Sandwiches (Cheese, Halwa, Jam, egg, melted cheese, Cheese with tomatoes or Cucumbers, Eggs with Cheese, etc..)	Nutella
Boiled Eggs	Soda
Omelet Eggs	Cakes & Cupcakes, Pies
Spanish Omelet	Candies
French Toast	Chocolate Bar, M&M, Maltesers
Pancakes	Toffee
Yoghurt	Lollipops
pudding (Please do not bring if there will be JUCIE or CHOCOLATE MILK)	Gum
Milk or Juice or Chocolate Milk (ONLY ONE)	Marshmallows
	Biscuits