

Newsletter - Issue no. 8

early
years



MESSAGE FROM THE PRINCIPAL



We were thrilled to welcome all returning and new students to the Daycare. It was a pleasure to see the children beginning to build trust with their teachers and ready to say goodbye to their parents knowing that they have a fun-filled day to enjoy.

Settling in period is one of the most important phases of a successful year in the Early Years. In this period, we take the time to get to know the children profoundly, what interests them and what sparks their curiosity, how do they communicate and explore their abilities. This process is particularly important to enable the teachers better plan for the children individual development and set their learning objective building on their capacities.

We understand that some parents found difficulty separating from their children and had some teary morning separation, but without your confidence in us, the results we are seeing in classes now was not possible. With this in mind, we can't emphasize enough on the importance of having a stable routine for your child. It establishes a sense of safety and gives them the ability to establish expectations and feel confident to complete their day with minimal unknown. This is vital for the child mental health and wellbeing and supports them to self-regulating knowing what will happen next.



Having a stable routine doesn't only help at the daycare, it helps keeping the household calm and allows the children a sense of achievement knowing they are getting through their routine successfully and with minimal power struggles. The routine includes a **timetable of wake up, activities, nap, shower, meals and sleeping time** and all the in between periods of cleaning up and bedtime stories. We encourage you to maintain the same routine of these times even during weekend to avoid confusion. Routine can help the child build healthy habits and a sense of time by associating what happens first and what's next and eventually a smooth running of the parents' day.

For reading an article for more in-depth information please [click here](#)

With nearly all classes wrapping up their settling in periods and most children are now happy and confident to explore the learning environment, we are looking at busy and engaging month ahead of us.





We are going to talk about "All about me" theme, including family members, body parts and all things around me.

We hope that at the end of the theme kids will gain some vocabularies, to understand or point to their body parts, to relate the main family members to themselves, and finally explore things around them in the class in their house, outdoor and in the garden.



We are going to work on developing their skills (GMS, FMS) to make sure they start move easily and use their hands and fingers more. As they just start walking and moving their body in different ways.



Busy Butterflies



The **Butterflies** has been busy exploring their classroom and internalizing their daily routine and class rules.



Their settling-in is expected to last till second week of October, after that they will start talking about Animals living on the Farm.

This will include their sounds, babies, products, houses, and skin colors and it will last approximately 6 weeks.



Halfway through this theme, the daycare will start the **Halloween** celebrations and the **Butterflies** will focus on knowing the witch, her helpers; the cats, bats, and spiders, and will get to experiment with a **pumpkin**, its texture, taste and color, while memorizing the **Halloween** parade's songs and actions.

Bumble Bees



As we are learning how to use our senses, we chose “**Food**” to be our first theme. We will be learning to develop own likes and dislikes in food and drink, try new food textures and tastes. We will learn as many fruits and vegetables as possible, their **colors, tastes, shapes, sizes,** has seed or not.

We are also working on expressing our own feelings such as **sad, happy.**

Through selling their foods in our small class grocery store, cooking and baking with them, making our own fruit salad and vegetable soup, we are creating a hands-on experience with these goods.

We will be exploring matching these foods in shape and color as part of our mathematical development as well as expanding our creativity.





Welcome back to school...

We loved having all our little students back, we will start our year by talking about "community helpers" where we get to discuss different careers like doctors, firefighters, engineers, police officers and chefs.



We will learn what they do and how they help their community, and we will get to pretend to try different professions and see what they enjoy.



We will start to learn about shapes like circles, triangles and oval, and practice counting and recognizing the numbers from 1-5.

Halloween is coming up and we will celebrate the occasion by embracing all the spooky Halloween ambience with ghosts, witches, bats and cats.





Spiders are already working on the most enjoyable theme “**Life on Earth**”, where they will build knowledge about **farm animals, jungle animals, pets, minibeast and plants** and how we share the world with other living creature.

For Maths, we will work on recognizing numbers from 1 to 5 and will practice counting to 5 objects.



With **Halloween** approaching, we will talk about the **Harvest** fall season and learn about what grows in this time; cooking with pumpkin and carving one too.



In **Literacy**, we will start “**letters & Sounds**” phase 1, exploring the different sound in the world around us and learning how to differentiate between them as well as attempting to link pictures to these sounds, visual reading of our names and tracing them.



We will begin to work on our prewriting skills, as tracing with finger paints, then forming intentional mark that holds meaning.



Dragonflies are embarking on journey through "The Garden". We will be exploring this environment; the colors of plants, their distinct parts, various kinds of **flowers**, **shapes of leaves**, **different creatures that help plants to grow or feed on them**.

We will learn new vocabulary, get to learn the process of growth and decay of different living things, all that while working with our peers and enjoying group activities, moving freely in the outdoors with confidence **jumping, hopping, skipping like frogs and rabbits**.

We will be playing with **numbers**, **counting** different plants and the leaves we collect from the garden.



We will **paint and draw** colorful flowers exploring how colors can be changed. This theme will enable us to follow directions and make our own choice.

We will learn to **listen** and join in with stories suggesting different ending and anticipating events, building our abilities to ask why and how things happen.

Upcoming Events

Thursday October 6th

Armed Forces day (Daycare closed)

Thursday October 27th

Halloween Parade



Please note that not all kids are pictured during the activities yet
this doesn't mean they didn't share in the practising...



Lunch box tips

- Give them a box they can easily open

- Cut the food in a bites-size your child can handle

- Have variety of item between (3-5 items)

- Vary the food between Fruits, Veggies and Protein and Carbs

- Avoid packed sweets (it depletes your child's energy quickly)

- Place breakfast and Snack in separate boxes

- Be realistic in the amount you expect them to consume

- Keep food in a bag your child can carry to the dining area



Quick

Tips

